



BE PREPARED FOR



WEATHER-RELATED EMERGENCIES

Preparedness is a fundamental principle of public health, reflecting a collective dedication to building community resilience. Use the below tips to be empowered to face emergencies with confidence and safeguard the health of all.

POWER OUTAGES



- Stock enough food and water to last at three days for family members and pets, **including:**
 - Foods with long storage life and that do not need cooking or refrigeration
 - One gallon of water per day for each person and animal
- Fully charge your cell phone
- Have a back-up plan for medical equipment requiring electricity

- Extra batteries
- First aid kit
- Extra medicine/medications
- Baby items
- Cat litter or sand for icy walkways
- Battery-operated devices:
 - Flashlight
 - Weather Radio
 - Lamps

KEEP AN UP-TO-DATE EMERGENCY KIT

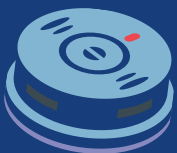


Learn more:



HOME HEATING SAFETY TIPS

Learn more:



- Install smoke and carbon monoxide alarms on every floor of your home; test monthly, change batteries biannually
- Clear vents and pipes to prevent carbon monoxide buildup
- Avoid using gas stoves or ovens for heating
- Keep space heaters at least three feet away from materials that can burn